



OttawaHeartSupportGroup
Health Education Activity Research Target

”The Pulse”

March 2016

Wednesday, March 2, 2016: the OHSG Executive Committee meeting will be held at the Hollands’ house 6029 Voyageur Drive, Orleans ON K1C 2P5. From 10:00 a.m. to 12:00 p.m.

Monday, March 21, 2016: Monthly Meeting the Guest Speaker is Aun-Yeong Chong BSc (Med), MBBS (Hons1), MD, MRCP (UK) and his topic is “Seeing is believing..... or is it? The case for coronary physiology.”

Dr. Chong is a staff interventional cardiologist at the University of Ottawa Heart Institute and Assistant Professor of Medicine at the University of Ottawa. He studied medicine at the University of New South Wales, Sydney, Australia. He furthered his training in the United Kingdom and gained his MRCP (UK) in 2001. He went on to do research at the Haemostasis, Thrombosis and Vascular Biology Unit, City Hospital, Birmingham, UK and earned his Doctorate in Medicine in 2006 from the University of Birmingham with his thesis “Endothelial Function in Congestive Heart Failure.” He completed his cardiology training in West Midlands, UK. In addition, he completed a fellowship in Interventional Cardiology at the University of Ottawa Heart Institute from 2008-09 as part of his subspecialty training. Dr. Chong was a consultant interventional cardiologist in the UK from 2010 until his appointment as staff cardiologist at the Heart Institute in June 2013.

February is Heart Month in Canada!

Heart month is coming to a close On February 29, 2016; we have just a few days left to do some advertising for the Heart Institute. The 29 February the closing will take place in the UOHI Rehabilitation Centre between 4:30 and 7:00 p.m. There will be various displays showing the work being carried out at the Heart Institute. The Patient Alumni and OHSG will provide a combined display. OHSG Members that have participated with previous Telethons are invited.

General Information

The OHSG started presentations in the rehabilitation centre in January and enlisted a number of potential members and expect many to be attending this month’s meeting. If you see people standing around say hello to them and make them feel at home. The next presentation in the

Rehabilitation Centre will be in March. The dates for these presentations will be provided to the presenters when known.

The perfect storm happened in Ottawa February 16, 2016. This happened the evening the scheduled monthly meeting. For the past ten years that I know of the executive committee start to pray the weekend prior to the meeting for good weather and no hockey game on Monday evening. This year everything went against having a meeting. The storm proved a Record snow storm for the Eastern Ontario area. The committee went into action with the callers and emails to inform members of the cancellation Bravo!

Following up after the cancellation the guest speaker schedule is being adjusted to reschedule Dr. Boodhwani in our education program. We hope that good weather will follow us as the OHSG moves forward. I am sure many members can't wait for the Picnic in July.

Mesana, Thierry MD, PhD, FRCSC

President and CEO

Short Video

<http://ottawa.ctvnews.ca/video?clipId=806019>

The Trailing Edge Computer Store's 10% savings of your total bill is still available for OHSG Members again this year. 613-860-2001 or 1-877-719-3343

The March Meeting

Monday March 21, 2016, 7:15 p.m.

REMEMBER

Do not put money in the machines for parking on Ruskin Street after 7:00 p.m.

www.ottawaheartsupportgroup.com

William A Holland

President,

Ottawa Heart Support Group

