



Ottawa Heart Support Group

(Health, Education, Activity, Research, Targets)

Monday March 19, 2018

7:30 - 9:00 pm

Guest Speaker: Michel Le May, BSc, MD

Topic: Lucas 3 chest compression system for cardiac situations - now and in the future



Dr. Le May received his Medical Degree in 1978 from the University of Ottawa. He completed his training in Internal Medicine at the University of Southern California Medical Centre and a fellowship in Cardiology at Emory University.

Dr. Le May pioneered the concept of a dedicated STEMI room which has enabled paramedics to triage STEMI heart attack patients directly to the Heart Institute for primary PCI. As a champion for a regional STEMI program in Ottawa, his protocol has resulted in a 50 percent reduction in mortality in STEMI patients in the region.

OUR MEETING LOCATION IS: The University of Ottawa Heart Institute
40 Ruskin Street, Ottawa, ON
2nd Floor Foustanelas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest. We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

Ruskin Street Parking is free after 7:00 p.m.

More Information Contact

Mary Cameron 613-835-2347 or Bill Holland 613-824-9563

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