



**OttawaHeartSupportGroup**  
Health Education Activity Research Target

## "The Pulse November 2018"

Our October 2018 Meeting: Guest Speaker Dr. Messika-Zeitoun a cardiologist at the UOHI and a full professor in the Faculty was received from Dr Messika-Zeitoun of Medicine our guest presenter. His presentation to our group was on, "A new research team dealing with current management and new opportunities for the treatment of Mitral Regurgitation." was well received by our members attending. The following was received from Dr Messika-Zeitoun Activities *"I really enjoyed the interaction and will be happy to speak again next spring. I have several ideas of research projects and will definitely contact your group for advise."*

*Best regards*

**Wednesday, November 7, 2018:** the OHSG Executive Committee meeting will be held at the Holland's house 6029 Voyageur Drive, Orleans ON K1C 2P5. From 10:00 a.m. to 12:00 p.m.

**Monday, November 19, 2018:** The guest Speaker is Marc Ruel MD, MPH, FRCSC, FCCS, FAHA. And the title of his presentation is: **Follow up on the New Tower and Hybrid OR Platforms.**

Dr. Marc Ruel is Division Head of [Cardiac Surgery](#) and the endowed chair of Cardiac Surgery Research at the University of Ottawa Heart Institute.

### Background

He received his MD degree cum laude from the University of Ottawa in 1994 and his specialist certification in Cardiac Surgery in 2000. He subsequently pursued a combined fellowship in minimally invasive surgery and in laboratory research at Harvard University, where he also completed a Masters in Public Health with a focus on statistical methods.

Dr. Ruel's faculty appointments at the University of Ottawa are with the Department of Surgery (primary affiliation) and with the Department of Cellular and Molecular Medicine (cross-appointed affiliation). In 2010, he was promoted to Full Professor in these departments. He is the surgical transplant director and chair of the Heart Transplantation Committee at the University of Ottawa Heart Institute.

### Research & Clinical Interests

Dr. Ruel's clinical and educational commitments include a focus on surgical outcomes and technical innovation. In this regard, he has given numerous international courses on

minimally invasive cardiac surgery, and he has developed novel techniques that he teaches to surgeons from numerous countries. He has safely performed several Canadian first-in-man operations, which have led to successful series worldwide. Dr. Ruel is editor of a 450-page textbook on Cardiac Surgical Techniques by Elsevier, which has sold several thousand copies worldwide and is now in its second edition. Also, in education, Dr. Ruel has served for many years at the Medical Council of Canada. He represents Canada on the American Association for Thoracic Surgery/Society of Thoracic Surgeons (AATS/STS) Joint Workforce on Transcatheter Valves, as well as on the Joint AATS/STS Thoracic and Cardiac Surgical Education committee and on the Graham Foundation. He regularly volunteers to provide education to surgeons from third-world countries. Further interesting information on our guest speaker can be found on the UOHI website ([ottawaheart.ca](http://ottawaheart.ca) in the Physicians section,) the article is well worth reading about the achievements of a Canadian surgeons known around the globe who, home base is the Heart institute, a very interesting read.

### **The Annual OHSG Christmas Party For Members and their Guests**

**Monday, December 10th, 2018: this will be the last OHSG function for the year. The Christmas party will be held at UOHI, second floor in the Foustanelas Auditorium, 40 Ruskin Street, Ottawa, from 7:15 to 9:30 p.m. more details call Mary Cameron at 613-835-2347.**

### **The Ottawa Heart Support Group Website**

"[ottawaheartsupportgroup.com](http://ottawaheartsupportgroup.com)" is powered by the tte Computer Store.  
(The Trailing Edge)



**REMEMBER- Do not put money in the machines for parking on Ruskin Street after 7:00 P.M.**

**“One” organ donor can save up to “Eight” lives**  
Check out [beadonor.ca](http://beadonor.ca), or <http://giftoflife>

*William A Holland*  
President,

**For More Information Contact Mary Cameron 613-835-2347 or Bill Holland 824-9563**

