



OttawaHeartSupportGroup
Health Education Activity Research Target



"The Pulse February 2019"

Activities

Wednesday, February 6, 2019: the OHSG Executive Committee meeting will be held at the Hollands House 2019 Voyageur Dr, Orleans ON K1C 2P5 from 10:00 am. to 12:00 pm.

Guest Speaker: Tuesday, February 19, 2019: Esther Doucette Title "**The Emotional Roller Coaster of living with Heart Disease,**" Esther Doucette, MSW: "Esther is a councillor working at the University of Ottawa Heart Institute in the Rehabilitation Centre and previously worked at the Ottawa Hospital Cancer Centre. She received her Masters of Social Work degree from the University of Calgary, and her undergraduate degree from Ryerson University in Toronto. She is also a yoga instructor and a trained mindfulness practitioner.

Going forward to March 2019: Going forward with our programs for the first half of 2019, we will be seeing gold standard surgical procedure updates, cardiac imaging for Congenital heart patient situations, and finishing up in May with a special for the 43rd anniversary of the UOHI we are having two speakers, The Chief of Cardiology, Dr Rob Beanlands and Dr Ruel, Division Chief for Cardiac Surgery. We are starting to talk with them now planning the evening. We are hoping with the warmer weather it will be an enjoyable evening with lots of good information passed to us.

In June 2019, we are looking forward to have Dr Lyall Higginson MD, FRCPC's a clinical cardiologist in the Division of Cardiology at the UOHI and Professor of Medicine at the University of Ottawa. Dr Higginson received his medical degree from McGill University Medical School in 1971. He was certified as a Fellow of the Royal College of Physicians in Internal Medicine in 1976 and Cardiology in 1977. Dr Higginson is a former Director of the Cardiology Division at the Heart Institute and a past president of the Canadian Cardiovascular Society. Dr Higginson was recognized for his commitment to teaching in 2006 when he received the Distinguished Teacher Award from the Canadian Cardiology Society. In 2012, Dr Higginson received both the Canadian Cardiovascular Society Annual Achievement Award and the Queen Elizabeth II Diamond Jubilee Medal in recognition of his outstanding contributions to Canada over the course of his career.

Congratulations for our OHSG Callers for helping with responding to the cancellation of the January meeting. And the evening watch to check the weather through the night.

The weather starting mid January turned bad and we cancelled our January monthly meeting. Our executive watched all evening on the weather conditions and when there was no doubt it would be impossible for our members to attend the UOHI for the meeting, our callers went to work and made calls to all our members and the Patient Association was informed of our decision. **The presentation from Dr David Glineur that was cancelled is re scheduled to April 15, 2019.** David Glineur, MD, PhD, is a cardiac surgeon at the University of Ottawa Heart Institute. The Title of the Presentation is, **“Robotic Surgery 2019.”**

Background, Dr Glineur received his medical degree with honours from the Université Catholique de Louvain in Brussels, Belgium in 1998. During his surgical residency, he underwent advanced laparoscopic training at the University of Lille in France. He obtained his General Surgery

Board Certification in 2004. While a cardiac surgery fellow, he also completed a three-month mini-fellowship in off-pump coronary artery bypass surgery.

After extensive training in the United States in robotic cardiac surgery, specializing in mitral valve repair, Dr Glineur started the robotic mitral valve program at Clinique Saint-Luc Bouge, Namur, Belgium, in December 2011. He also received his “Agrégé de l’Enseignement Supérieur” (corresponding to the PhD)

We are looking forward to his return to show us how the robot performed for the first operation in the new HI Tower.



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Our member John Drain is still talking stronger and is home again. He has a great Nurse that keeps a good watch on is. Call Cheryl a good time to Give John a call.

Do not put money in the machines for parking on Ruskin Street after 7:00 PM.

“One” organ donor can save up to “Eight” lives
Check out beadonor.ca, or <http://giftoflife>

William A Holland
President,
Ottawa Heart Support Group

