



OttawaHeartSupportGroup
Health Education Activity Research Target



"The Pulse June 2019"



Activities

Wednesday, June 5, 2019: The OHSG Executive Committee meeting will be held at the Hollands house 2019 Voyageur Dr. Orleans ON from 10:00 am. to 12:00 pm.

May's presentation we were honoured with the two Division Chiefs from the Cardiac Surgery and Cardiology. What a fantastic presentation. Both Dr. Marc Ruel and Dr. Rob Beanlands covered the time between the HI opening 43 years ago and today with stories and pictures of the HI and its staff going from individual groups to carry out the functions in the operating rooms to teams of doctors, nurses and the various support professionals working as a team. For all of us that completely filled room the presentation will always stay with us for years.

Guest Speaker: Monday, June 17, 2019: Our guest speaker for June 17 is Dr. Lyall Higginson, a clinical cardiologist in the Division of Cardiology at the University of Ottawa Heart Institute and Professor of Medicine at the University of Ottawa. His presentation title is "Cardiology 101." Dr. Higginson received his medical degree from McGill University Medical School in 1971. He was certified as a Fellow of the Royal College of Physicians in Internal Medicine in 1976 and Cardiology in 1977. Dr. Higginson is a former Director of the Cardiology Division at the Heart Institute and a past president of the Canadian Cardiovascular Society (CCS). Dr. Higginson is committed to undergraduate and graduate medical education and has been an active professor and mentor throughout his career. He was recognized for his commitment to teaching in 2006 when he received the Distinguished Teacher Award from the CCS. In 2012, Dr. Higginson received both the Canadian Cardiovascular Society Annual Achievement Award and the Queen Elizabeth II Diamond Jubilee Medal in recognition of his outstanding contributions to Canada over the course of his career.

Dr. Higginson's clinical and research interests include treatment of myocardial infarctions and patient outcomes, pharmacological intervention, the Heart Institute's STEMI program, cardiac rehabilitation, quality of patient care, smoking cessation, and undergraduate and postgraduate education.

Our Executive Committee has just completed a review of our sign in sheets from previous meetings. Members must realise the information is important for the Heart Institute (HI) and Patient Alumni (PA) when reviewing what is supported and what can be supported with the limited resources available to us. When providing information, we request the information be printed in a clear readable fashion so the information is usable for our Executive committee to use. This will save many hours of time and work for those supporting our meetings. This information is kept confidential as required by the UOHI.

The OHSG Going forward: The OHSG Annual Summer Members PICNIC: Monday, July 15, 2019, the OHSG annual summer picnic will be held at Britannia Park Trolley Station 2805 Carling Ave., directions to find the picnic location are: at the intersection of Pinecrest and Carling take the direction north towards the Ottawa River and follow the road to the Trolley Station. The Trolley Station is reserved between 4:00p.m. to 7:00p.m. Food will be served from 5:00p.m. to 6:30p.m. The OHSG will supply the cold cuts, some salad and condiments as well as all plates, cups, and utensils. Everyone is asked to bring a salad or dessert (pot luck) to share with everyone as well as their own non alcoholic beverages.

If more picnic information is required please contact Mary Cameron at 613-835-2347 or email at marycameron613@gmail.com. Executive members are asked to come at 3.00P.M.

To clean and set up the site.



Do not put money in the machines for parking on Ruskin Street after 7:00 PM.

**“One” organ donor can save up to “Eight” lives
Check out beadonor.ca, or <http://giftoflife>**

William A Holland
President,
Ottawa Heart Support Group

