



**OttawaHeartSupportGroup**  
Health Education Activity Research Target

## "The Pulse November 2019"

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Important Notice: Friday 11<sup>th</sup> October 2019 The University of Ottawa Heart Institute team working on the non-invasive procedure to fix a deadly heart arrhythmia in mere minutes includes Dr Andrew Crean, Dr Calum Redpath and Dr Graham Cook. The new non invasive technique employs equipment used to treat cancer. The procedure was Successful Three Cheers.

### Activities

**Wednesday, November 6, 2019:** the OHSG Executive Committee meeting will be held at the Holland's house 6029 Voyageur Drive, Orleans ON K1C 2P5. 10:00 a.m. to 12:00 p.m.

**Monday, November 18, 2019:** For the monthly meeting the guest speaker is Dr Richard Davies, MD, PhD, FRCPC and his topic is "Diabetes Management" Dr. Davies obtained his BSc (Hons) in Psychology at Dalhousie University in Halifax in 1971, followed by an MSc, PhD, MD and CM, all at McGill University in Montreal. Richard Davies is Professor in the Division of Cardiology at the University of Ottawa Heart Institute and Professor in the Department of Medicine at the University of Ottawa. This presentation is extremely important subject as 28% of heart patients are living with diabetes. Dr Davies provides our group with presentations on the subject of Diabetes every three years.

December 9, 2019, we have our Christmas Party, Mary Cameron has passed the following instructions for the event: The Annual OHSG Christmas Party will be the last OHSG function for the year. The Christmas party will be held at the University of Ottawa Heart Institute, second floor in the Foustanelas Auditorium, 40 Ruskin Street, Ottawa, starting at 7:15 p.m. to 9:30 p.m. Our numbers have increased this year, so we are looking forward to a great turnout. For those who have not been to one of our parties in the past we all contribute one of our favourite dishes to the party table. It seems to work out wonderfully each year and we have a

fun time together. Our group will supply coffee, tea, punch, utensils and meat platter. Our executive is looking forward to seeing everyone for a wonderful, social evening. Christmas is the time to share, to enjoy, and to partake in good food and great friendships. For additional information or more details call Mary Cameron at 613-835-2347. will be giving will be giving us information on the festive event at our next meeting, along with the information sent to members in the OHSG Members Christmas party Poster that will go on distribution soon.

The New Year 2020 the OHSG will start our years program with Dr Birnie, BSc (Hons) MB, ChB. MRCP, MD, David Birnie, MD, is staff cardiac electrophysiologist and Deputy Division Head of Cardiology at the University of Ottawa Heart Institute. He is also Director, Clinical Research, Division of Cardiology at the University of Ottawa Heart Institute and Associate Professor in the Division of Cardiology, Department of Medicine, at the University of Ottawa. Dr. Birnie leads the Ottawa region strategic research Innovation Cluster on Atrial Fibrillation.

Dr. Birnie is the Director of the Arrhythmia Service at UOHI. His clinical focus is on all aspects of cardiac electrophysiology including arrhythmia pharmacotherapy and radiofrequency ablation of simple and complex arrhythmias including atrial fibrillation. He also has a major clinical interest in all aspects of implantation and follow-up of device therapy for arrhythmias. This includes pacemakers, implantable cardioverter defibrillators (ICD) and cardiac resynchronization therapy (CRT). The title for his presentation is being worked on and will be available soon.

**The Ottawa Heart Support Group Website "[ottawaheartsupportgroup.com](http://ottawaheartsupportgroup.com)" is powered by the tte Computer Store. (The Trailing Edge)**



**REMEMBER- Do not put money in the machines for parking on Ruskin Street after 7:00 P.M.**

**“One” organ donor can save up to “Eight” lives  
Check out [beadonor.ca](http://beadonor.ca), or <http://giftoflife>**



***William A Holland***

President,  
Ottawa Heart Support Group

**For More Information Contact**

**Mary Cameron 613-835-2347 or Bill Holland 824-9563**

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**University Heart Institute 40 Ruskin Street, Ottawa ON Foustanelas Auditorium,**