

## **Ottawa Heart Support Group**

(Health, Education, Activity, Research, Targets)

## Monday November 18, 2019

7:30 - 9:00 pm

**Guest Speaker: Richard Davies, MD, PhD, FRCPC** 

**Topic:** New Cardiology Treatments

Dr. Richard Davies is Professor in the Division of Cardiology at the University of Ottawa Heart Institute and Professor in the Department of Medicine at the University of Ottawa.

Dr. Davies obtained his BSc (Hons) in Psychology at Dalhousie University in Halifax in 1971, followed by an MSc, PhD, MD and CM, all at McGill University in Montreal.



He became a Fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC) in 1984, and of the American College of Cardiology in 1987.

Dr. Davies has been at the Heart Institute as a Cardiologist since 1986.

OUR MEETING LOCATION IS: The University of Ottawa Heart Institute
40 Ruskin Street
2<sup>nd</sup> Floor Foustanellas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest. We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

Ruskin Street Parking is free after 7:00 p.m.

**More Information Contact** 

Mary Cameron 613-835-2347 or Bill Holland 613-824-9563

ottawaheartsupportgroup.com