

## Ottawa Heart Support Group

(Health, Education, Activity, Research, Targets)

## Monday, March 16, 2020

7:30 - 9:00 pm

Guest Speaker: Pam Bush, RN, BScN, MA (L)

**Topic:** An Overview of MyChart - Our new Patient Portal

Pam Bush is a Clinical Director Informatics at the University of Ottawa Heart Institute.

Most recently, Pam led the MyOttawaHeart advisory committee, implemented PICIS in our procedure rooms, and have been one of the EPIC site leads.

A strategically focused, passionate health care professional with a commitment to excellence. A highly motivated leader, who develops strong, effective organizational leaders. A perioperative administrative expert, a leader in nursing informatics and technology, with a proven record in coaching multidisciplinary teams to implement change, in pursuit of quality improvement and efficiency within their healthcare organizations in the province of Ontario.



**OUR MEETING LOCATION IS**: The University of Ottawa Heart Institute 40 Ruskin Street, Ottawa, ON 2<sup>nd</sup> Floor Foustanellas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest.

We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

Ruskin Street Parking is free after 7:00 p.m.

**More Information Contact** 

Mary Cameron 613-835-2347 or Bill Holland 613-824-9563

ottawaheartsupportgroup.com