



Ottawa Heart Support Group

(Health, Education, Activity, Research, Targets)

Monday, August 15, 2016

7:30 - 9:00 pm

Guest Speaker: Buu-Khanh Lam MD, CM, MPH, FRCSC

Topic: Update on Atrial Fibrillation Surgery

Dr. Lam is a Cardiac Surgeon and Director of the Valve Clinic at the University of Ottawa Heart Institute, and he is Associate Professor of Surgery and Co-Director of Surgery Undergraduate Education, Faculty of Medicine at the University of Ottawa.

Dr. Lam received his MD in 1994 from McGill University in Montreal. He trained in General Surgery at McGill University before completing his Cardiac Surgery residency at the Heart Institute. Dr. Lam was certified in Cardiac Surgery as a Fellow of the Royal College of



OUR MEETING LOCATION IS: The University of Ottawa Heart Institute
40 Ruskin Street, Ottawa, ON
2nd Floor Foustanelas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest. We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

Ruskin Street Parking is free after 7:00 p.m.

More Information Contact

Mary Cameron 613-835-2347 or Bill Holland 613-824-9563

ottawaheartsupportgroup.com