



“The Pulse, May 2016”

Wednesday, May 4, 2016: the Ottawa Heart Support Group (OHSG) Executive Committee meeting will be held at the Hollands’ house 6029 Voyageur Drive, Orleans ON K1C 2P5. From 10:00 a.m. to 12:00 p.m.

Monday May 16, 2016: The monthly meeting of OHSG will be held in the University of Ottawa Heart Institution (UOHI) Foustanelas Auditorium 7:30 to 9:00 p.m. with guest speaker **Steven Promislow, MD FRCPC**, his Topic is **“Rhythms of the Heart: Beyond the Squiggly Lines.”**

Dr Promislow obtained his undergraduate General Science degree from the University of Manitoba. He completing Internal Medicine training in Winnipeg in 2013 then attended medical school from 2006-2010. Dr. Promislow, Chief Cardiology Resident University of Ottawa Heart Institute, is completing his Cardiology residency and will undertake a year of echocardiography training here at the Heart Institute.

April 2016 Monthly Meeting was very good as many members returned from the sunny south and were treated to an exceptional presentation by Dean Belway MPH, CCP, CPC on the UOHI Perfusion Services and a diversity of devices and equipment aimed at improving blood circularisation and overcoming heart failure. The following is a note received from Mr. Belway:

“I just want to thank you for the kind letter and the great photos. Please accept and pass along to all your colleagues in the Ottawa Heart Support Group my most sincere gratitude for your warm and friendly reception. It was a pleasure meeting you all and I would not hesitate to be of service to you again should the opportunity arise.”

The Patient Alumni 30th Annual General Meeting will be coming up in June and we are trying to get a couple of tables of OHSG Members together for this event. From previous experience the Patient Alumni function is an exceptional and very entertaining. They also hold the record for the shortest annual meeting and offer a great dining experience, comradery and entertainment. If you are interested please contact **Fay Turner the Patient Alumni secretary at 613-761-4370**. When more information becomes available it will be passed out immediately. Our group is well known around the UOHI so now it is time to remind them who we are.

Munir Boodhwani, BSc, MD original date was changed to June 20, 2016 to fit his schedule. His topic is “Aortic Valve Repair.” We have received many inquiries on when Dr. Boodhwani would be doing a presentation. In anticipation thereof we will have all three of the Foustanelas Auditorium rooms open for the evening. Now we need to work towards achieving a full house.

We have had a full house before and should be able to do it again. This will be an exceptional presentation.

At the last monthly meeting we hosted some members of the Adult Congenital Heart Disease Clinic. Through Brynne Campbell, chairperson in the Canadian Congenital Heart Alliance we were introduced to Joan Morin, RN (EC), MScN APN who runs a UOHI office supporting congenital heart patients. The OHSG has started talking Joan Morin and hope to host a presentation on Congenital Heart Disease in the fall this 2016. There are websites through the Canadian Congenital Heart Alliance that show exceptional pictures of heart problems people have at birth.

Remember, it's our responsibility to keep ourselves adequately informed — and to proactively manage the state of our health!

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REMEMBER

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www.ottawaheartsupportgroup.com

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President,

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