

## **Ottawa Heart Support Group**

(Health, Education, Activity, Research, Targets)

## Tuesday, April 18, 2017

7:30 - 9:00 pm

Guest Speaker: Benjamin Chow, MD< FRCPC, FACC, FASNC, FSCCT

**Topic:** "Cardiac Imaging: Present and Future"

Dr. Chow is Clinical Cardiologist and Clinician Investigator at the University of Ottawa Heart Institute. He is the Director of <u>Cardiac</u> imaging (Echocardiography, Cardiac CT, Cardiac MRI, Nuclear Cardiology, Cardiac PET, Exercise stress lab, and Cardiac Radiology) and the Co-Director of Cardiac Radiology (CT, MRI and X-ray).



He leads the Ottawa region strategic research Innovation Cluster on Non-invasive Cardiovascular Imaging.

**OUR MEETING LOCATION IS:** The University of Ottawa Heart Institute 40 Ruskin Street, Ottawa, ON

2<sup>nd</sup> Floor Foustanellas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest. We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

Ruskin Street Parking is free after 7:00 p.m.

**More Information Contact** 

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ottawaheartsupportgroup.com