



# Ottawa Heart Support Group

(Health, Education, Activity, Research, Targets)

## Monday, June 18, 2018

7:30 - 9:00 pm

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**Guest Speaker: Erik Suuronen PhD**

**Topic: "What can we do to repair a damaged heart?"**

Erik Suuronen is also Associate Professor in the Department of Surgery, with a Cross-Appointment in the Department of Cellular and Tissue Biology. Erik Suuronen, PhD, is a Scientist in the Division of Cardiac Surgery and Director of its Biomaterials and Regeneration Program at the University of Ottawa Heart Institute. In addition, he is a member of the Faculty of Graduate and Post-doctoral Studies at the University of Ottawa, acting as supervisor to trainees at the undergraduate, graduate and post-doctoral levels.



**OUR MEETING LOCATION IS:** The University of Ottawa Heart Institute  
40 Ruskin Street, Ottawa, ON  
2<sup>nd</sup> Floor Foustanelas Auditorium

The Ottawa Heart Support Group is an active group of heart patients who meet and wish to improve the quality of life for themselves and their families. We meet on the third Monday of each month, with the hope of helping others. We share experiences and aim to improve awareness and understanding of various heart conditions. Our objective is to reduce the fear, anxiety, and emotional stress that can often result from having a serious health problem. Our focus is on developing positive attitudes and enjoying life to the fullest. We pursue these objectives at our informal, monthly meetings with interesting and informative speaker as well as other heart-related activities. We welcome new members, their family and friends.

**Ruskin Street Parking is free after 7:00 p.m.**

**More Information Contact**

**Mary Cameron 613-835-2347 or Bill Holland 613-824-9563**

[ottawaheartsupportgroup.com](http://ottawaheartsupportgroup.com)