



## "The Pulse May 2018"

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### Activities

**Wednesday, May 2, 2018:** the OHSG Executive Committee meeting will be held at the Holland's house 6029 Voyageur Drive, Orleans ON K1C 2P5. From 10:00 a.m. to 12:00 p.m.

**Tuesday, May 22, 2018:** Our Guest Speaker is: Alexander Dick MD, FRCPC from the Interventional Cardiologist Division of Cardiology, University of Ottawa Heart Institute and Assistant Professor of Medicine University of Ottawa. The title for his presentation is "**Cardiac Imaging – Seeing the Heart More Clearly**"

### **Background**

Dr Dick received his MD from the University of Manitoba in 1994 and did his fellowship at the University of Western Ontario in 2000. Dr Dick received certification as a Fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC) in Internal Medicine (1997) and Cardiology (2000). He also received certification with the American Board of Internal Medicine and the American Board of Cardiovascular Diseases.

In 2003, he started his career at Sunnybrook Health Sciences Centre where he worked as an Interventional Cardiologist and later as an Associate Scientist. In 2006, he became Director of the new Imaging Research Centre for Cardiovascular Intervention, a Centre that he helped to develop from its inception. Dr Dick joined the University of Ottawa Heart Institute in December 2009.

### **Research & Clinical Interests**

The areas of research that interest Dr Dick are cardiovascular imaging and regenerative medicine including cardiovascular MRI for the diagnosis of ischemic heart disease, the image guidance of new interventional treatment procedures, the delivery of stem cell therapies for myocardial regeneration following myocardial infarction, and the in vivo quantification and measurement of efficacy of stem cell therapies.

### **General Information**

The big day is past and the new tower at the UOHI is open for business. In the final days it is very busy with the project being outfitted for action as the doors opened for business action April 2, 2018. From what I hear it is quite a change from the original HI that started 43 years ago. Many people had a chance to see the new tower and were very impressed with the facility,

lots of space, bright and full of very expensive equipment that is needed to keep up the demand of a growing population

The OHSG membership are also Patient Alumni (PA) members, the OHSG started in 2004 at a time when there was no organization established so former patients could turn for cardiac information to increase their knowledge to reduce stress and increase their knowledge to ask cardiologists questions during clinics at the University of Ottawa Heart Institute (UOHI.) Now, many years later our group is maintaining good monthly attendance and have top presentations by medical professionals from all divisions at the UOHI. To maintain this level of attendance we maintain a Data base of members to assist us with attendance management. OHSG come under rules and regulation of the UOHI which includes Patient confidentiality. To ensure to not breach the rules we only maintain our data base with Name, Phone number and email address. We are not a phone book, although we do call members when we have trouble getting information to them by email to verify their email address. These lists are only used to pass meeting information to our members and information that is passed to us from the PA for many of their educational and social events. The PA is second to none when it comes to patient care, and we support them. Congratulations to Jean Bilodeau and his PA Board for all their work over the last few years for helping with patient care.

### **The OHSG Website**

The Ottawa Heart Support Group Website "ottawaheartsupportgroup.com" is powered by the tte Computer Store, The Trailing Edge (TTE). We have been very lucky to have our association with the TTE. They have provided gifts for our draws during our special occasions and provide computer maintenance and advice on problems that we may encounter. Now the weather is starting to change it does not take long to get to the store location using the 417 and Richmond Road selecting a time after 9:00 a.m. and going home prior to 3.15 p.m.



**REMEMBER- Do not put money in the machines for parking on Ruskin Street after 7:00 P.M.**

**“One” organ donor can save up to “Eight” lives**  
**Check out beadorer.ca, or <http://giftoflife>**

*William A Holland*

President,  
Ottawa Heart Support Group



**For More Information Contact**  
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