



**OttawaHeartSupportGroup**  
Health Education Activity Research Target



## "The Pulse September 2019"

### Activities

**Wednesday, September 4, 2019:** the OHSG Executive Committee meeting will be held at the Holland's house, 6029 Voyageur Drive in Orleans starting at 10:00 a.m. to 12:00 p.m.

**Monday, September 16, 2019, Guest Speaker is: Andrew Crean, MD,** Professor of Medicine (Cardiology) and Radiology University of Ottawa Heart Institute. **Topic: Takotsubo Cardiomyopathy: Not Rare, Not Benign, Not Recognized.**

Dr. Andrew Crean is appointed as a Professor of Medicine within the Division of Cardiology and acts as the co-director of the cardiac MRI service at the University of Ottawa Heart Institute. He is a Clinician-Investigator with a focus in uncommon cardiac conditions.

Dr Andrew Crean's presentation is very important for the patient stress content but also the imaging you may see during the presentation that may relate for congenital patients.

### **The Foustanelas Auditorium**

With EPIC program implementation phase now over, this will give us more room and we will have the use of two sections of the Foustanelas Auditorium. This give us more space for the audience with increased vision using two projection screens for the presentation and the slides controlled by the guest presenter.

Our August meeting was exceptional with speaker, Katey Rayner. The topic was "Fueling the Flames: Heart disease and inflammation," She went through her presentation using good slides and a clear presentation, answering all questions as she went along. Keeping to our reputation we asked many questions. As a Scientist and Director of the Cardiometabolic micro RNA Laboratory at the University of Ottawa Heart Institute, Dr. Rayner will be setting up a visit to the UOHI Laboratory (research side of the HI some time soon for some members of our group. She leads the Ottawa region strategic research Innovation Cluster on Vascular Inflammation and Metabolism.

### **EPIC**

The EPIC program is now in full swing. There was some confusion for a couple of weeks but all seems to be going strong. I have been through the signing up at the entrance then to imaging once and it was quick and no problems, and two times going to the second-floor clinics and again no problems. Bring a book with you as it might be a slow wait.

On July 23, 2019 **Dr. Thierry Mesana**, CEO of the UOHI presented **Bill Holland**, President of the OHSG with a lab coat and the title of “Ottawa Heart Institute Foundation Honorary Doctorate in Philanthropy”, in celebration of Bill's 80th birthday and in recognition of the generous enthusiasm with which he & Elva support the endeavors of the Heart Institute and the heart health of its patients.

"We are forever grateful for Bill & Elva's friendship. On behalf of your Heart Institute family, Happy Birthday Bill." Jim Orban President and CEO, Heart Institute Foundation.

**The OHSG Executive Committee** has been working through this past year keeping the system up. The Membership Database was corrected and must be kept valid. Members are requested to send an email to the website if they are not getting information or when they move or change email addresses. If you know another member ask them if they are receiving any OHSG information. If not then contact us.

**OUR MEETING LOCATION IS:** The University of Ottawa Heart Institute 40 Ruskin St,  
2<sup>nd</sup> floor in the Foustanelas Auditorium



## REMINDER

**Do not put money in the machines for parking on Ruskin Street after 7:00 PM.**

**“One” organ donor can save up to “Eight” lives  
Check out [beadonor.ca](http://beadonor.ca), or <http://giftoflife>**

*William A Holland*  
President,  
Ottawa Heart Support Group

