



OttawaHeartSupportGroup
Health Education Activity Research Target

The Pulse December 2019

Important notice: to avoid interference on our Ottawa Heart Support Group (OHSB) Website members are reminded that our executive members do not put information in our emails that request monetary help from our members. Our information for members only relates to our business dealing with our OHSB and University of Ottawa Heart Institute activities (UOHI). If for any reason you think something looks out of order and could be a problem, Delete the email and phone one of the executive members, noted at the end on the Pulse news letters.

Activities

Wednesday, December 4, 2019: the OHSB Executive Committee meeting will be held at the Holland's house 6029 Voyageur Drive, Orleans ON K1C 2P5. 10:00 a.m. to 12:00 p.m.

Monday, December 9, 2019: The Annual Christmas Party

For OHSB Members and Their Guests

Monday, December 9th, 2019: The Annual OHSB Christmas Party will be the last OHSB function for the year. The Christmas party will be held at the University of Ottawa Heart Institute, second floor in the Foustanelas Auditorium, 40 Ruskin Street starting at 7:15 p.m. to 9:30 p.m. Our numbers have increased this year, so we are looking forward to a great turnout. For those who have not been to one of our parties in the past we all contribute one of our favourite dishes to the party table. It seems to work out wonderfully each year and we have a fun time together. Our group will supply coffee, tea, punch, utensils and meat platter. Our executive is looking forward to seeing everyone for a wonderful, social evening. Christmas is the time to share, to enjoy, and to partake in good food and great friendships. For additional information or more details call Mary Cameron at 613-835-2347.

The New Year 2020 the OHSB will start our years program in January with Dr Birnie, BSc (Hons) MB, ChB. MRCP, MD, David Birnie, MD, is staff cardiac electrophysiologist and Deputy Division Head of Cardiology at the University of Ottawa

Heart Institute. He is also Director, Clinical Research, Division of Cardiology at the University of Ottawa Heart Institute and Associate Professor in the Division of Cardiology, Department of Medicine, at the University of Ottawa. Dr. Birnie leads the Ottawa region strategic research Innovation Cluster on Atrial Fibrillation.

Dr. Birnie is the Director of the Arrhythmia Service at UOHI. His clinical focus is on all aspects of cardiac electrophysiology including arrhythmia pharmacotherapy and radiofrequency ablation of simple and complex arrhythmias including atrial fibrillation. He also has a major clinical interest in all aspects of implantation and follow-up of device therapy for arrhythmias. This includes pacemakers, implantable cardioverter defibrillators (ICD) and cardiac resynchronization therapy (CRT). The title for his presentation is being worked on and will be available soon.

OUR MEETING LOCATION IS: The University of Ottawa Heart Institute
40 Ruskin Street, 2nd Floor Foustanelas Auditorium

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REMEMBER - Do not put money in the machines for parking on Ruskin Street after 7:00 P.M.

“One” organ donor can save up to “Eight” lives
Check out beadonor.ca, or <http://giftoflife>

William A Holland
President,
Ottawa Heart Support Group



For More Information Contact

Mary Cameron 613-835-2347 or Bill Holland 824-9563