



OttawaHeartSupportGroup
Health Education Activity Research Target



"The Pulse January 2020"

Activities

Wednesday, January 8, 2020: the OHSO Executive Committee meeting will be held at the Hollands House 2019 Voyageur Dr, Orleans ON K1C 2P5 from 10:00 am. to 12:00 pm.

Mary and Roy Cameron looked after the Christmas Potluck Event and set up the Foustanelas Auditorium looking like a first-class up town club. The room was set up differently with lots of small tables so members could sit together in small groups to enjoy each other during the event. Great way to finish up a good year for our group. Give a cheer for Mary & Roy's group of workers, these same people that set up our meeting room throughout the year, do the reminder phone calls. The same for the Foundation's Mary Sue Evans who assists our group throughout the year for our meetings and assisting lining up possible future speakers for us. Mary Sue also makes sure the speakers are familiar with the Foustanelas sound and projection system. Without these volunteers we would not be able to function to provide good meeting evenings for our members.

Guest Speaker Monday, January 20: The first speaker for the New Year is David Birnie, BSc (Hons), MB, ChB, MRCP, MD and is staff cardiac electrophysiologist and Deputy Division Head of Cardiology at the University of Ottawa Heart Institute. He is also Full Professor in the Division of Cardiology, Department of Medicine, at the University of Ottawa. Dr. Birnie co-leads the Ottawa Region strategic research Innovation Cluster on Arrhythmias.

Dr. David Birnie received his medical degree (MB ChB) from Glasgow University in 1990. After completion of Internal Medical training at Aberdeen University he gained his MRCP (UK) in 1993. He spent three years as a cardiology research fellow at Glasgow University from 1993 studying the immunology of atherosclerosis and was awarded his PhD equivalent (MD) in 1996. Between 1996 and 2001 he undertook cardiology training at Glasgow University and received his Certificate of Completion of Specialist Cardiology Training in 2001. In addition, he spent a year in 1999-2000 as a Cardiac Electrophysiology Fellow at the University of Ottawa Heart Institute. Dr. Birnie was recruited to the University of Ottawa Heart Institute in 2002 as staff cardiac electrophysiologist and clinician investigator. To get a feel for the speaker go to the UOHI website to the list of UOHI Medical professionals and look up the speaker's name. You will find our all the information on the doctor's career that is up to date. It will Dr Toeg was sent to The Cleveland Clinic for further studies and experience.

February Speaker is: Hadi Toeg, MD, MSc, MPH,

We do not have a title for his presentation but will follow up later for more information on his presentation. Dr Toeg provided our group with a presentation in his 5th year in cardiac surgery training. Dr Toeg is currently a Cardiac Surgeon with Dr Ruel in the Department of Surgery at the UOHI. He is now an Assistant Professor of Cardiac Surgery. His interests are minimally invasive Cardiac Surgery, surgical management of heart failure, and cardiac stem cell regenerative therapies.

Our friends at the Trailing Edge has saved me again when my computer was hacked. I took my computer out to the shop and they went through it and cleaned up the equipment and had me adding names back in that I lost. After two days I was up to date again.



REMEMBER

Do not put money in the machines for parking on Ruskin Street after 7:00 PM.

**“One” organ donor can save up to “Eight” lives
Check out beadonor.ca, or <http://giftoflife>**

William A Holland
President,
Ottawa Heart Support Group

